

FACIALS

The CHANDA Spa Signature Facials are of professional quality developed by CHANDA for her salon clientele, now brought to you via her virtual spa•salon so you may create your own private CHANDA SPA experience any time anywhere through a personal tutorial on how to properly perform these services properly for yourself in order to maintain your skin care regimen. THE CHANDA technique

is facilitated with CHANDA OCEANIC SEA MINERALS product line which is formulated using natural•organic ingredients containing vital minerals, polysaccharides, polyphenols, proprietary sea mineral complex, amino acids, antioxidants. And antibacterials. Our powerhouse formulations support and enhance the natural process of cellular renewal and repair a process by which the individual cells draw in nutrients and expell toxins.

3.Q.E.F. (3 Minute Quickie Exfoliating Facial)

Suitable for- adults,teens, all skin types, all ethnicity

Benefits-3.Q.E.F. Exfoliating facial gently exfoliates dead cells using CHANDA OCEANIC EXFOLIANT SPRAY, Facial tissue is exfoliated of impurities, excess sebum (oil) as well as dry flaky patches.

Added benefits to exfoliating are, creating an enviroment for the cell to accept the nutrients allowing when layering the system of CHANDA OCEANIC SEA MINERALS following exfoliation. SEA MINERALS CREAM nourishes the cells with vital nutrients allowing skin to become deeply hydrated, supple, and toned. Facial tissue feels energized, glowing, radiating optimal health. Men especially enjoy this simple easy approach to straight forward results. Teens find this facial not intimidating and quick to perform. Incorporating this facial into their daily lives helps teens to develop healthy grooming habits. Women enjoy the ease of fitting it into their busy schedules.

Recommended frequency of treatment is at least once a week.

IMPLEMENTS, SUPPLY, AND PRODUCTS NEEDED

70% rubbing alcohol

Hand towel

CHANDA PRODUCTS TO BE USED

SEA MINERALS CLEANSER

SEA MINERALS SPRAY

OCEANIC EXFOLIANT SPRAY

SEA MINERALS CREAM

INSTRUCTIONS FOR 3.Q.E.F.

1. Sanitize hands with SEA MINERALS SPRAY, or 70% rubbing alcohol before touching towels or your face.
2. Apply SEA MINERALS CLEANSER to face, neck, chest, gently message into skin, rinse cool water pat dry with a towel.
3. Apply OCEANIC EXFOLIANT to the face, neck and chest area. Spread evenly, allow to rest on skin 3minutes.
4. Rinse towel in a clean bowl of lukewarm water and rinse face, neck, and chest repeatedly at least 4 times. Final rinse should be with cool water which will soothe the skin.

If you are performing this facial in the shower, use a washcloth to effectively rinse the face, neck and chest area.

5. Gently pat skin of excess water with a towel,

6. Apply SEA MINERALS CREAM to the face, neck and chest area repeat applications consecutively until the skin feels hydrated.

- Apply sunscreen sheer zinc spf 50 we recommend (Neutrogena sheer zinc spf 50) if this facial is to be performed in the daytime to protect skin)

See menu Face and Body to learn how to blend zinc sunscreen.